

JUDGES, TRAINERS, AND KICKBOXERS



KICKING - POINT DEDUCTION / RULES:

1. Round One (1)

- a. Fighters must get 8 Kicks in Round (1) or 1 point will be deducted.
- b. If the fighter doesn't get the required 8 kicks in, he/she must get at least 5 Kicks in the first round to be able to continue to the 2nd Round.

2. Round Two (2)

- a. Fighters must get 8 Kicks in the second round or 1 point will be deducted.
- b. **By the end of the second round, fighters Must have accumulated at least 13 kicks** to continue to the third round. i.e. **5 or more kicks in the first round added to 8 kicks in the second round or 8 kicks in the first round and at least 5 kicks in the second round. The kicks must equal 13 to be able to continue to the third round!!!!**

3. Round Three (3)

- a. Fighters must get 8 Kicks in the third round or 1 point will be Deducted.

Remember Fighters, This is Kickboxing!

Kickboxing RULES cont'd:

- 1. Hand wraps must follow guide lines of the Pa Amateur Boxing Association**
- 2. All Kicks must be above the waist**
- 3. No leg sweeps**
- 4. No knee attacks**
- 5. No blind spinning back fist attacks**
- 6. Trainers and corner men can't coach during rounds, they can instruct their fighter between rounds in their respective corner.**
- 7. Any disrespect to Referees or Judges will result in disqualification.**